



“HIGH-RISK” PREGNANCY

Although most pregnancies are straightforward, certain factors increase the risk of complications. These pregnancies are considered “high-risk” and require increased monitoring and ultrasound scans. The team at **SHORE FOR WOMEN** are highly experienced in caring for high-risk pregnancies. Dr. Colin Walsh is an accredited specialist in Maternal-Fetal Medicine (high-risk obstetrics) and runs the high-risk pregnancy clinic at Royal North Shore Hospital.

MEDICAL DISORDERS

1-in-5 women have a medical condition during pregnancy. We are experienced in managing virtually all medical problems in pregnancy:

- High blood pressure
- Diabetes in pregnancy
- Thyroid disease
- Other endocrine disorders
- Epilepsy & neurological disorders
- Asthma & respiratory disorders
- Inflammatory bowel disease
- Kidney disease & kidney transplants
- Lupus & autoimmune disease
- Previous blood clot & thrombophilias



We also offer expert advice on the **safest medications** for use during pregnancy.

PREGNANCY-RELATED FACTORS

Some pregnancies require a little extra care and attention. We provide the reassurance that comes with your pregnancy being managed by an experienced Maternal-Fetal Medicine specialist:

- IVF / ICSI pregnancies -Women with a short cervix on scan -Women aged >40 years old

MULTIPLE PREGNANCIES (TWINS/TRIPLETS)

Dr. Colin Walsh has a particular interest in the care of multiple pregnancies and has published on the management of complex monochorionic twins.



SHORE FOR WOMEN offers comprehensive care for multiple pregnancies (including all ultrasound scans) in our rooms. We are experienced in vaginal twin delivery and happy to support this if you wish.

PREVIOUS COMPLICATED PREGNANCY

We have cared for hundreds of worried couples following complications in a previous pregnancy:

- ◆ Previous caesarean section
 - ◆ Previous pre-eclampsia
 - ◆ Previous small baby
- ◆ Previous premature delivery
 - ◆ Previous 3rd degree tear
 - ◆ Previous stillbirth

We understand your concerns and will create an individualised antenatal care plan for you.

Women with medical conditions or a history of pregnancy complications may benefit from a **pre-pregnancy consultation** to ensure optimal antenatal care - please feel free to discuss this with your **SHORE FOR WOMEN** Maternal-Fetal Medicine specialist.